

# *What do I need to know about* **PANDEMIC FLU?**

*Pandemic flu is a worldwide outbreak of illness that occurs when a new flu virus appears and spreads easily from person to person. A pandemic flu could happen at any time, and would affect people in Wisconsin and around the world.*



## **How is pandemic flu different from seasonal flu?**

- We cannot predict when it will happen.
- It can affect more people—including healthy adults.
- It can cause more serious illness.
- School and businesses may close.
- Hospitals and clinics may be crowded.
- It may disrupt daily activities.

## **What can I do to prepare?**

### ***Stay informed***

Visit [www.pandemic.wisconsin.gov](http://www.pandemic.wisconsin.gov) for more information

### ***Make an emergency kit***

Food and water • First aid kit • Prescription medicines • Flash light • Battery powered radio • Extra batteries • Important medical and contact information

### ***Practice good personal health habits***

Wash your hands often • Cough and sneeze into a tissue or into your upper sleeve, not into your hands • Stay home when you are sick

### ***Plan for school and business closings***

Arrange for childcare • See if you can work from home • Ask about your employer's pandemic flu plan

*Work with your relatives, neighbors and community to prepare*



# **PANDEMIC.WISCONSIN.GOV**